

Quidhampton Village Newsletter

April 2020

What's On in Quidhampton

The coronavirus pandemic means all events and meetings for April have been cancelled. The parish council hopes to have a meeting via Zoom, the internet conferencing facility. If it goes ahead details will be on email and the noticeboard. It is unclear how the public will be able to participate so, please contact the parish clerk if you wish to ask questions.

A message from Howard Rowley, chair of Quidhampton Parish Council

I can safely say we have never experienced a situation where the whole country is fighting an invisible enemy and this influences everything we do at a local level. In Quidhampton we are blessed with a community with an indomitable spirit to take this on and look after all our neighbours.

We were in a fortunate starting position with our **Emergency Volunteer John Cater** already in place. Aply supported by Jane Taylor he has a wonderful team of volunteers to support the vulnerable and the sick.

There are other local people doing incredible jobs. Local communication is vital and thanks to Bea Tilbrook for her sterling work. **I do recommend that you join the email list.**

The safest way to shop is home delivery and Zoe and Nick from the pub have stepped up to provide help for our community. Use them as your safest first choice. Ian Day has been using his experience to train our volunteers and produced an instruction leaflet to keep them safe.

Quidhampton Parish Council is working with the community groups and will be putting funds in to help as soon as we can meet. Current legislation says we cannot meet or use video conferencing but we will find a way!

QPC had no choice but to shut the playground, cancel events such as the litter pick and the 75th anniversary of the end of fighting in Europe. In this fight we cannot apply local common sense to make specific local decisions.

We have some fantastic **older residents** who are outwardly fit and healthy who maybe don't realise that their immune systems will struggle with the virus. I beg them to accept the help available; we want to see you and all of us come through this.

We all have to follow the big picture guidance from Government and please feel brave to confront people you see flaunting this advice, it is for all our safety.

Have you joined the village email yet? It reaches over 50% of the village.

In this difficult time the parish council and the coronavirus group need to communicate with as many people as possible. Email: bjtis@hotmail.co.uk to join.

You can 'unsubscribe' at any time

All emails are sent bcc so no-one else sees your email address

The Community email reaches half the homes in the village. It is usually used for reminders, and requests but recently has been about things that are still important.

Here is a summary for villagers who do not get the emails:

- **Quidhampton flu group** met on 8 March and changed its name to Quidhampton Coronavirus group. A yellow flyer was delivered to all homes with contact details. **For an up-to-date report from the group see page 3**
 - **The White Horse** stayed open as long as it could serving food and drink while observing safe practice. When pubs closed Nick and Zoe began a takeaway service and a village shop. The hours and items varied but have now settled to a regular pattern. All items must be ordered and will be delivered – no collections. See leaflet with the newsletter for full details.
- **Rachella Michaels of Fisherman's Reach**, a fully qualified counsellor and psychotherapist, generously offers villagers **free** counselling by telephone or Skype during the pandemic. She says: the worrying news in the media every day and compulsory isolation mean anxiety and depression may become an issue even for villagers who are normally very healthy. Text 07778 102 086 to arrange an appointment.
- **John Cater, co-ordinator of the Coronavirus group**, has made a list of villagers with medical or first aid skills and qualifications who would be willing to be contacted by the group. If you have these skills please contact John on 744079
 - **Pauline Church, our Wiltshire councillor**, sees our village emails and wants to congratulate everyone for their efforts and pulling together at such a difficult time.
 - **The Quidhampton playground** is closed and must not be used
 - **David Hockney said:** remember, they can't cancel the spring
 - **Eve Wharton said:** they can't cancel loving thoughts either
 - **Some updates from Salisbury include:** cancelled markets, closed toilets except in the coach park, closure of shopmobility and playgrounds, free parking for three weeks; crematorium attendance limited to 5 close family members only
 - **Scammers:** sadly criminals see the pandemic as another opportunity to take your money and the number of scams is increasing, often related to the current situation e.g. the 'new government relief payment', fake Netflix offers, fake delivery services. Remember never give your bank details online or over the phone except to a company you trust. And nobody should be selling anything at the door or visiting you without an appointment.
 - **Message from Jackie Peters:** please do not go to see her horses at the east end of the village. The gate and other surfaces can carry or pick up infection. An NHS nurse is in her household and must stay safe.
 - **Message from the police:** there should be no unnecessary travel and that includes driving somewhere for your daily exercise (walk, run, cycle). Daily exercise must be taken from your home address.

Quidhampton Coronavirus group is busy identifying people in the village who may welcome a **chat** or need help with **shopping or prescriptions**.

There are volunteers, trained in safe practices outdoors, ready to help. A yellow flyer was delivered to every home with contact details which are repeated below.

WORRIED? LONELY? WANT TO CHAT TO SOMEONE?

Can we help? Jane Taylor, 01722 744534 would like to hear from you. As the days go by you may just want to talk to someone else. Our friendly volunteers are pleased to do this.

NEED HELP WITH SHOPPING OR PRESCRIPTIONS?

Call John Cater 01722 744079 and he will get a volunteer to call you.

Shopping: essential items only; volunteer decides which shop to go to. Only one shopping trip a week is allowed except in an emergency. Method of payment must be agreed before the items are bought.

Prescriptions: will be handled by a specialist volunteer

If you do make contact, do not be surprised if you are asked a few pertinent questions. John Cater, Jane Taylor, and the volunteer who will work with you must make sure they have all the information needed to help you safely.

SHOPPING

Shopping is difficult for everyone now. Physical shops struggle to deal with the demand and safety requirements while internet orders can overload the system and delivery slots are often not available for a week or more.

The emergency shop at the White Horse is a life saver for many things and Nick and Zoe will always try to get what you want. How lucky we are to have them looking after us. Delivery only. (flyer enclosed)

Milk delivery services also offer fruit, vegetables and groceries but their order system can collapse under the strain, and it is the same for national chains such as **Cook** (big range of frozen meals for collection or delivery).

Coffee Darling in Wilton is making frozen meals for sale (3 for £20, 2 portion size) see their Facebook page to order. Collection Thursdays and Saturdays. Delivery may be possible for those in enforced isolation or ask our volunteers to collect for you.

If you know a local deliverer that you think is good tell Bea Tilbrook or John and a list will be made up when these first weeks have passed and things are more reliable.

Are you officially extremely vulnerable?

Have you had a text or letter from the NHS telling you that you are extremely vulnerable and must observe strict isolation and not go out at all? If you can let us know it would help the group in their efforts to support vulnerable people. You do not have to explain why you are in that category, just say that you are. Confidential information will not be available to group members, just Jane Taylor. Ring Jane on 744534.

Want to help? If you think you can join the group, either as a shopper or as someone who can make friendly phone calls contact John Cater 01722 744079 joka.cater@gmail.com

Remember: YOU ARE NOT ALONE, your fellow villagers want to help.

News from March

2Quidy Club : the last meeting was a very special one as not only was it was 2Quidy's third birthday it was Hannah Kimmell's birthday too. She was surprised to be greeted by cards, cake and bunting, as well as everyone's grateful thanks for organising the club for three years. Katie Emmett, Susie Bale's daughter, had made



special chocolate roulade and everyone enjoyed that and a final chat at what they knew was the last meeting for some time. They also welcomed new member Terry Foster, who on being told, "We are all mad as hatters here!" said, "Good." It's clear she will fit right in. *Editor's comment: oh, I do miss the cake.*



Two deaths connected to the village

Pamela Mitchell, who lived with her husband Eric in Coronation Square for most of their married life, passed away peacefully in Southampton Hospital on 2 March after a short illness, aged 94. Eric died in 2016 shortly after they left Quidhampton. He grew up in Elm Cottage and his brother Gordon who lived in Albion Bungalows was at one time the oldest person in the village.

Don Foster died in March at home in Quidhampton, aged 85. He suffered from Parkinson's disease and moved here with his wife Terry three years ago so their son Julian could help care for him. He wasn't able to get to know people in the village but Terry says he was a very loving family man. He lectured in engineering at Salisbury College and in his retirement took up painting and bridge and played golf.

Latest news from Wiltshire Council: defer your council tax and business rates payment

If you are finding it hard to manage you don't have to pay council tax or business rates until June. Call 0300 456 0109 or email counciltax@wiltshire.gov.uk to arrange this. It means you will have to pay in February and March 2021 which are normally free months.

Children at home? Try the web site of Bemerton St John School. There are suggested activities on the home page as well as for each class. <https://www.bemerton.com>

Clapping for the NHS on Thursday 26 March was heart-warming and moving in some parts of the village. Do try to join in if it happens again. No-one felt at all silly, just a great sense of community. And we were mentioned on South Today with pictures from Hampton Court.

Spending more time in the garden? Read our new advice column first

Quidtips Gardening from Duncan Witt : what to do in April

It is said that if 'March comes in like a lion it goes out like a lamb'. This can work in reverse, just in case! April can also be a mixed bag of weather, warm sunshine rudely interrupted by rain showers, hail, sleet or even snow.

So gardeners be aware and don't be too hasty in sowing into cold soil. Peas, beans and the like will sit and rot if the soil temperature isn't right. It is best to start them off in pots and cell packs undercover if you are in a hurry; if not wait until the end of the month.

Early potatoes should have been 'chitted' (sprouted) and can be planted deeply away from night frosts now.

It's a great idea to start off 'cut and come again' salad, like rocket, mustard leaves and lettuce under cover, as it is expensive to buy and quickly goes off in the fridge.

See how to on the RHS website/gardening/advice .

By now you should have cut back and tidied up the dead stems of your herbaceous perennials and ornamental grasses. These and all shrubs and trees will benefit from a good top dressing of garden compost and a handful of bone meal gently forked in around them.

Lightly hoe off those tiny weed seedlings now whilst it is easy. 'A stitch in time saves nine!'

Prune back any winter flowering plants which have finished flowering. Leaving them until the summer will mean that you cut off next winter's buds.

Happy gardening and stay safe!



Are your hands suffering from all the washing and cleaning?

Two skin creams are recommended by villagers and both benefit the NHS.

NurseM was developed by nurses who can wash their hands fifty times a day and was recommended on ITV's This Morning. It is £9.99 but a little goes a long way. Order online from nurseM.co.uk

My Trusty was developed by the plastics and burns unit at Salisbury NHS for use on newly healing skin and itchy scars. It has been sold commercially since 2012. It is available from Lloyds, Superdrug, Tesco's, Well Natural and others and from the my trusty skin care web site.

Community Speed Watch has been suspended for three months. There is less traffic in Lower Road but Sandie has had reports of increased speeding in the rush hours. Many cars, however, are not taking advantage of the empty road to go faster and Sandie and her team deserve our thanks for that.

Don't forget the food bank. With fewer people going shopping the foodbank is receiving fewer donations, and demand is going up as people adjust to very different circumstances. You can donate on the Trussell Trust website.

Being positive: it is still planned to hold the Village Garden Show on 11 July. It may have to be postponed but it will not be cancelled!

Birthdays: a memorable ninetieth

It unlikely that any villagers will have a birthday celebration like Jennifer Tyler's. She writes:

I moved to Quidhampton on retirement twenty seven years ago having been the resident headmistress at Leaden Hall School in Cathedral Close for twenty three years. Owning a cottage with a lovely garden all for myself was bliss. To celebrate my ninetieth birthday last December my brother the Rt Hon Lord Paul Tyler of Linkinhorne CBE invited the majority of the Tyler family to tea in the House of Lords. I am now the senior member of the family.

Seventy six turned up representing three generations. There was no room to invite the youngest members as well.

We had the use of two of the meeting rooms. The larger of the two was called the Attlee room and had a portrait of him on the wall (*Clement Attlee, prime minister 1945 – 1951, created the National Health Service*).

In 1946 I was at Godolphin school with his youngest daughter, Alison, who invited me to stay at 10 Downing Street and then join the family on holiday in Wales. It was good to have him at the party!

Jennifer entertained 2Quidy Club with the story of her stay at 10 Downing Street. Her grandparents, loyal Conservative party members, were strongly against her stay with a Labour party member even though he was prime minister. Her brother is a former MP and Liberal Democrat peer.

Jennifer's niece Mary Webb adds: it was a wonderful family celebration with a huge cake. Jennifer is blessed with an enormous family of nine brothers and sisters. There were a hundred at another Tyler family gathering earlier in the year!

Jennifer is amazingly active for her age, doing keep fit each week, running a bridge club and is an avid gardener too. She is a great supporter of several overseas charities and sponsors the education of Indian children through the Joe Homan Charity. She loves tapestry and was the organiser of the Quidhampton 2000 embroidery now displayed in the village hall.

Villagers know Jennifer is generous: a plaque in the bus shelter tells us she paid for it. (Grants were not available in the way they are now.) She was on the parish council for many years and was responsible for looking after the playground, she is still on the village hall committee and was a founder member of the Quidhampton Women's Institute. Here's to more happy years in Quidhampton, Jennifer. Thanks for all you do for the village.



Birthdays in April These people will be celebrating while they are in isolation and away from family members and friends.

3 April Ali Witt, *Happy Birthday Ali Lots of love on your special day from Duncan xx*

10 April Ken Taylor, husband of the editor: *Thank you for all your support in everything I do. Lots of love Bea*

14 April Fiona West

16 April *Rachella Michaels, to our beloved Rachella, lots of love on your birthday from me and Dafka. Thank you for being our rock. When this is all over, we'll have a mega celebration! Dave Xxxxxxxxxxx*

19 April Bob Phillips: *wife Sallie, working long hours at the hospital, wants to say how much he is supporting her. Without his love and support and making sure we have food (and wine!) I would find it so much harder.*

22 April Jane Taylor

29 April Rich Stokes: *with a shout out from daughter Sam, Simon, grandchildren Phoebe, Tia and Lola, the dog Tucker and Keith the rabbit. We all miss you!*

30 April Dave Barnes

Message from the Lewin family: *wishing thee family members a happy birthday in April – sorry we can't be with you: Tony Lewin (Andrew's dad) 7 April; Richard Worrall (Debbie's dad) 11 April and Ellen (our daughter) 22 April. Much love from all the Lewins in Quidhampton.*

How will you manage isolation?

Some thoughts from writer and life coach, Dave Robson

Lots of us are looking forward to the time when normal life can resume, but there are positive ways to enjoy this moment even though you are in isolation and may even feel mild symptoms. My way of contributing to the community is to help people focus on the positive aspects of this difficult period, something you can miss, especially if you're on lockdown and follow the news too much.

Here are some things to try:

Singing can be liberating, empowering and simply joyous. To have a go in the privacy of your own home, visit www.greatbritishhomechorus.com where national treasure Gareth Malone is attempting to meld us, yes all of us, into a choir. It's amazingly ambitious but Gareth makes the tech aspects quite easy to follow. Friday's video drew more than 37,500 people joining in on-line.

Meditation If you're feeling stressed I can show you, via Skype, a very simple technique to empower you and help you get a more positive perspective. I've been teaching this for years.

Something new Unless you are really ill with the virus, this could be the perfect opportunity to do something you always wanted to do but never had time: learn a language, read books, volunteer to help the NHS from home, or even start an on-line support group.

I do practise what I preach: I'm in the middle of writing a children's story and it's proving to be loads of fun. I've never written fiction before and rising to the challenge has lifted my spirits and stopped me dwelling on the coronavirus.

Please don't be discouraged. All things must pass and when it does there will be countless opportunities for us to rebuild our lives. If you are worried about what the future holds, if you want to discuss how you are coping, or if you're looking for ideas or options, give me a call or drop me an e-mail.

You can contact me on 01722 505495 or info@dave-robson.com

Meanwhile, please be careful and take the government guidance seriously.

Dave also publishes Namste a free monthly newsletter for people who want to live more consciously. No spam, nothing to buy. Email him to receive it.

Clare Churchill, parish clerk, writes: In these unprecedented times there are many people to thank in the village, and there will be many more.

John Cater and Jane Taylor for leading the coronavirus group and all of the volunteers; Nick and Zoe Hoare for setting up an emergency shop and providing takeaways of food and alcohol; Bea Tilbrook for keeping us updated with the village email and newsletter. Let Bea know if you want a special thank you for anyone else in the next newsletter.

Kate Lush of Old Bell Cottage was due to return home from New Zealand on 30 March but will not be able to leave until the coronavirus crisis is over and is staying with her sister. She gets Quidhampton emails and says she is impressed with the local measures, especially Nick and Zoe's shop service. She sends greetings to us all and praises the New Zealand Prime Minister for putting lockdown measures in place very promptly. We all know that if Kate were here she would be busy helping every one she could. Her house and cat sitter, John, is staying on and is now on the village email. Welcome, John!

**Waste and recycling dates
April 2020**

Recycling & Garden waste Fri 10 & 24
Household waste Mon 13 & 27

This month's newsletter has been paid for by a couple from Lower Road who wish to remain anonymous.

The newsletter is paid for entirely by donations from villagers. An eight page edition costs £45 but donations of any amount are always welcome. (Donations have ranged from £5 to £100) At the moment there is enough to pay for the next nine months but if you wanted to commemorate a special event or memory that could be fitted in.

Contributors & Contacts

Police non emergency no.: 101

PCSO Matthew Smith

CPTSouthWiltshire@wiltshire.pnn.police.uk

St John's Primary School: 322848

The White Horse : 01722 744448

Quidhampton Mill : 741171

Self catering apartments

Footshill House, Lower Road: B&B
743587

Wilton and District Link

Scheme :01722 741241

Parish Council clerk:

Clare Churchill 743027

quidhamptonpc@btinternet.com

1 Tower Farm Cottages, SP2 9AA

Website:

parishcouncil.quidhampton.org.uk

Wiltshire Council 0300 456 0100

Area Councillor, Pauline Church.

pauline.church@wiltshire.gov.uk

07436 810350

Bemerton Church Parish

Parish Office 328031

Village Hall bookings:

Sabine Dawson: 07742 273984

sabinedance@btinternet.com

Quidditch Club: occasional activities

by and for parents and children of all

ages. Contact Abi by email for details :

abi.kingston@talk21.com

St John's Place : contact Manager:

Paula Johnson 07784 37220

sjp.salisbury@gmail.com

Community Emergency Volunteer

John Cater 744079

Floodwarden:

Ken Taylor 742456

Community Speedwatch

HGVs: please send the registration

number and name of the company of

any HGVs you see in the village to

Sandie Smith, speedwatch team

leader. A photo would be great

cswquid@gmail.com

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